

Grove Park Deli

ON THE COUNTER 1st October

Salmon & dill fishcakes	
Beef Sali boti curry w/rice	
Veggie enchiladas	
Creamy pork & cider stew w/mash	
Arancini rice balls w/tomato & mozzarella(2)	
Beef lasagne	
Spicy Thai sweet potato & coconut soup	
Cheese & onion quiche slice	
Mushroom, tomato, basil, mozzarella frittata slice	
Salads: small £ 4.25 medium £5.85 large £10.95	
Green beans, feta & olives	
Crunchy slaw	
Roasted tomato, gorgonzola & lentils	
Cumberland sausages	
Smoked bacon	
Traditional Scotch egg / chicken & chorizo	
Chicken samosa / Veggie samosa	
Pork pie	
Pies: Spinach, feta & red pepper pie	
Chicken & ham hock pie / Beef pie	
Spinach, feta & pine nut roll	
Sausage roll - large £4.35 / small	
Deli ham 100g	
Mixed antipasto meats 120g	
Prosciutto 100g	
Cooking chorizo 300g Hot / Mild	
Crab claw meat	
Seafood salad	
Truffle salami 125g	
Smoked salmon 200g	
Cakes and Pastries	
Almond croissant £1.95 / Plain croissant	
Pain au raisin £1.85 / Orange & almond cake	
Chocolate brownie £3.75 / Carrot cake	

Dairy

6.50	Unsalted butter	2.35
7.00	Semi-skimmed milk	1.40
6.50	Double cream - 250ml	1.00
7.00	6 Eggs	2.85
6.50	Fruit yoghurts	1.95
7.00	Authentic Greek yoghurt 1kg	4.95
	Cheeses	
3.75	Brie de Meaux 100g	2.65
3.75	Buffalo mozzarella 125g	2.30
	Burrata 125g	3.50
	Cashel blue 100g	2.95
	Comte 100g	2.95
	Emmental 100g	1.75
3.95	Feta - pack	5.95
4.80	Gorgonzola 100g	2.45
3.95	Halloumi - pack	3.85
2.35	Lincolnshire poacher 100g	2.75
4.50	Montgomery cheddar 100g	3.35
4.50	Parmesan 200g	6.15
	Rosemary manchego 100g	3.35
3.95	Stilton 100g	2.79
2.75	Taleggio 100g	2.55
2.35	Bread	
5.75	Small granary - unsliced	1.95
3.40	Large granary / large wholemeal	3.40
6.45	Campailou	2.75
17.00	Large white	3.30
5.60	Fruit Juices	
4.25	Apple & Elderflower OR Apple juice	3.20
9.75	Other	
	Basil pesto 160g	3.30
1.45	Semi dried cherry tomatoes 200g	4.30
2.95	Gazpacho litre	4.29
3.75	Hummus £1.90 / Taramasalata	1.90

FRUIT & VEG PRICES 28th September			
VEGETABLES		SALAD	
Asparagus	£2.95 per bunch	Avocado	£1.60 each
Aubergine	£1.95 per kg	Celery	£1.55 each
Beetroot	£2.95 per kg	Cucumber	80p each
Broccoli	£2.50 per kg	Lettuce/Little gem	£1.50
Broccoli - tenderstem	£1.90 per pack	Lettuce/Cos	£1.55 each
Butternut squash	£2.05 per kg	Lettuce/Radicchio	£1.50 each
Carrots - donkey	£1.20 per kg	Peppers/Red	£2.55 per kg
Cauliflower	£1.60 each	Peppers/Yellow	£2.55 per kg
Celariac	£2.10 each	Spinach	£1.20 per 200g bag
Courgette	19p per 100g	Spring onions	£0.95
Fennel	£2.80 per kg	Rocket	£1.25 per 125g bag
Fine Green Beans	£2.40 per 250g bag	Tomatoes/Vine	38p per 100g
Leeks	£3.40 per kg	Tomato/Cherry/Vine	£1 per 100g
Mange Tout	£2.40 per 250g bag		
Mushrooms/Button	£0.33 per 100g	FRUIT	55p each
Mushrooms/Flat field	£0.39 per 100g	Apples/Gala	£2.55 per punnet
Mushrooms/Chestnut	£0.39 per 100g	Berries/ Blueberry	£2.95 per punnet
Mushrooms/Oyster	£0.55 per 100g	Berries/Raspberry	£2.95 per punnet
Onions/Red	£1.90 per kg	Berries/Strawberries	35p each
Onions/Brown	£1.45p per kg	Easy peelers	60p each
Onions/Shallots	£4.70 per kg	Grapefruit/pink	£2.20 per punnet
Parsnips	£2.95 per kg	Grapes/red	38p each
Potatoes/Large loose	£1 per kg	Kiwi	45p each
Potatoes/ Sweet	£1.85 per kg	Lemon	45p each
Potatoes/New	£1.90 per kg	Limes	£1.70 each
Potatoes/New/Norfolk	£1.90 per kg	Mango	70p each
Sugar snaps	£2.40 per 250g bag	Nectarines	60p each
		Oranges/Large	70p each
OTHER/HERBS		Passion fruit	70p each
Basil	£1.50 per bunch	Peaches/round	50p each
Chilli's	£6 per kg	Pears - Conference	50p each
Coriander	£1.50 per bunch	Plums	£1.90 each
Dill	£1.50 per bunch	Pomegranate	40p each
Garlic	£1.20 per bulb		
Ginger	£6.50 per kg		
Mint	£1.50 per bunch		
Parsley	£1.50 per bunch		